

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST					
	DONUT HOLES (D,E,W,S)	DONUT HOLES (D,E,W,S)	DONUT HOLES (D,E,W,S)	DONUT HOLES (D,E,W,S)	DONUT HOLES (D,E,W,S)
	MUFFINS (D,E,W,S)	MUFFINS (D,E,W,S)	MUFFINS (D,E,W,S)	MUFFINS (D,E,W,S)	MUFFINS (D,E,W,S)
	BREAKFAST BREADS (D,E,W,S)	BREAKFAST BREADS (D,E,W,S)	BREAKFAST BREADS (D,E,W,S)	BREAKFAST BREADS (D,E,W,S)	BREAKFAST BREADS (D,E,W,S)
	GLUTEN FREE MUFFIN (D,E)	GLUTEN FREE MUFFIN (D,E)	GLUTEN FREE MUFFIN (D,E)	GLUTEN FREE MUFFIN (D,E)	GLUTEN FREE MUFFIN (D,E)
	VEGAN MUFFIN (W)	VEGAN MUFFIN (W)	VEGAN MUFFIN (W)	VEGAN MUFFIN (W)	VEGAN MUFFIN (W)
	YOGURTS - ALL FLAVORS (D)	YOGURTS - ALL FLAVORS (D)	YOGURTS - ALL FLAVORS (D)	YOGURTS - ALL FLAVORS (D)	YOGURTS - ALL FLAVORS (D)
	DAIRY FREE VANILLA YOGURT (TN)	DAIRY FREE VANILLA YOGURT (TN)	DAIRY FREE VANILLA YOGURT (TN)	DAIRY FREE VANILLA YOGURT (TN)	DAIRY FREE VANILLA YOGURT (TN)
	GLUTEN FREE OATMEAL (SS,TN,S)	GLUTEN FREE OATMEAL (SS,TN,S)	GLUTEN FREE OATMEAL (SS,TN,S)	GLUTEN FREE OATMEAL (SS,TN,S)	GLUTEN FREE OATMEAL (SS,TN,S)
	SCAMBLED EGGS (D, E)	SCAMBLED EGGS (D, E)	SCAMBLED EGGS (D, E)	SCAMBLED EGGS (D, E)	SCAMBLED EGGS (D, E)
	SCRAMBLED TOFU (S)	SCRAMBLED TOFU (S)	SCRAMBLED TOFU (S)	SCRAMBLED TOFU (S)	SCRAMBLED TOFU (S)
	VEGETARIAN SAUSAGE (W,E,M,S)	VEGETARIAN SAUSAGE (W,E,M,S)	VEGETARIAN SAUSAGE (W,E,M,S)	VEGETARIAN SAUSAGE (W,E,M,S)	VEGETARIAN SAUSAGE (W,E,M,S)
	TEXAS FRENCH TOAST (D,E,W)	BUTTERMILK PANCAKES (D,W)	WAFFLES DIANA (D,E,W,S,TN,W)	BLUEBERRY PANCAKES (D,W)	BANANA FOSTER FRENCH TOAST (D,E,W)
	TATER TOTS (S)	HOME FRY POTATOES (D,S)	HASHBROWNS (D,S)	HOME FRY POTATOES (D,S)	POTATO TATER TRIANGLES (S)
	TURKEY BACON	GRIDDLED HAM	TURKEY SAUSAGE LINK	GRILLED KIELBASA	PORK SAUSAGE LINK
	NICKLES WHITE AND WHEAT BREAD (S,W)	NICKLES WHITE AND WHEAT BREAD (S,W)	NICKLES WHITE AND WHEAT BREAD (S,W)	NICKLES WHITE AND WHEAT BREAD (S,W)	NICKLES WHITE AND WHEAT BREAD (S,W)
	GLUTEN FREE WHITE AND WHEAT BREAD €	GLUTEN FREE WHITE AND WHEAT BREAD €	GLUTEN FREE WHITE AND WHEAT BREAD €	GLUTEN FREE WHITE AND WHEAT BREAD €	GLUTEN FREE WHITE AND WHEAT BREAD €
	ASSORTED BAGELS (D,E,W,TN,S,M,SS)	ASSORTED BAGELS (D,E,W,TN,S,M,SS)	ASSORTED BAGELS (D,E,W,TN,S,M,SS)	ASSORTED BAGELS (D,E,W,TN,S,M,SS)	ASSORTED BAGELS (D,E,W,TN,S,M,SS)
	ENGLISH MUFFINS (D,TN,S,W)	ENGLISH MUFFINS (D,TN,S,W)	ENGLISH MUFFINS (D,TN,S,W)	ENGLISH MUFFINS (D,TN,S,W)	ENGLISH MUFFINS (D,TN,S,W)
	SUNBUTTER	SUNBUTTER	SUNBUTTER	SUNBUTTER	SUNBUTTER
	ALMOND MILK (TN)	ALMOND MILK (TN)	ALMOND MILK (TN)	ALMOND MILK (TN)	ALMOND MILK (TN)
	OATMILK	OATMILK	OATMILK	OATMILK	OATMILK
SMOKE AND FIRE LUNCH					
	MAPLE GLAZED TURKEY BREAST	GRILLED ITALIAN SAUSAGE	THAI BBQ CHICKEN THIGHS (F,S)	BRAISED BEEF TIPS (D,S,W)	BAJA FISH TACOS (D,E,F,W,S)
	JALEPENO BROWN RICE (D,S)	GARLIC MASHED POTATOES (D, S)	LO MEIN NOODLS (E, SS,S,W)	MASHED POTATOES AND GRAVY (D,S)	CILANTRO LIME WHITE RICE
	STEAMED SPINACH	SAUTEED GREEN BEANS	STIR FRY VEGETABLES (S)	BROCCOLI VEGETABLE MEDLEY	COLESLAW (E,S)
CLARITY LUNCH					
	CAJUN TURKEY BREAST	GRILLED ITALIAN SAUSAGE	ORANGE BEEF STIR FRY	SIMPLE BAKED CHICKEN	JAPANESE STYLE VEGETABLE CURRY
	STEAMED BROWN RICE	OLIVE OIL MASHED POTATOES	STEAMED BROWN RICE	OLIVE OIL MASHED POTATOES	STEAMED BROWN RICE
	STEAMED SPINACH	SAUTEED GREEN BEANS		BROCCOLI VEGETABLE MEDLEY	STEAMED GREEN BEANS
ROOTS LUNCH					
	MEXICAN VEGAN CASSEROLE (S, TN)	VEGETARIAN BUFFALO TOFU WRAP (D, E,S,W)	VEGAN TOFU STIR FRY (SS,S, W)	VEGAN BLACK EYED PEA STEW (S)	VEGAN FALAFEL BITES (D,S,SS)
	JALEPENO BROWN RICE (D,S)	SWEET POTATO FRIES (S)	LO MEIN NOODELS (E, SS,S,W)	MASHED POTATOES (D,S)	TABBOULEH (W)
	STEAMED SPINACH	SAUTEED GREEN BEANS	STIR FRY VEGETABLES (S)	BROCCOLI VEGETABLE MEDLEY	TOMATO CUCUMBER SALAD (S)
TRATTORIA LUNCH					
	CHEESE PIZZA (D,E,S,W)	CHEESE PIZZA (D,E,S,W)	CHEESE PIZZA (D,E,S,W)	CHEESE PIZZA (D,E,S,W)	CHEESE PIZZA (D,E,S,W)
	PEPPERONI PIZZA (D,E,S,W)	PEPPERONI PIZZA (D,E,S,W)	PEPPERONI PIZZA (D,E,S,W)	PEPPERONI PIZZA (D,E,S,W)	PEPPERONI PIZZA (D,E,S,W)
	GLUTEN FREE CHEESE PIZZA (E,M) UPON REQUEST ONLY	GLUTEN FREE CHEESE PIZZA (E,M) UPON REQUEST ONLY	GLUTEN FREE CHEESE PIZZA (E,M) UPON REQUEST ONLY	GLUTEN FREE CHEESE PIZZA (E,M) UPON REQUEST ONLY	GLUTEN FREE CHEESE PIZZA (E,M) UPON REQUEST ONLY
	PASTA MARINARA (E,W)	FOUR CHEESE PENNE (D,W,S,E)	PASTA ALFREDO (D,W,S,E)	PASTA OLIO E AGLIO (D,W,S,E)	PASTA ALFREDO (D,W,S,E)
	GLUTEN FREE PASTA MARINARA UPON REQUEST ONLY	GLUTEN FREE PASTA MARINARA UPON REQUEST ONLY	GLUTEN FREE PASTA MARINARA UPON REQUEST ONLY	GLUTEN FREE PASTA MARINARA UPON REQUEST ONLY	GLUTEN FREE PASTA MARINARA UPON REQUEST ONLY
CRAFT GRILL LUNCH					
	HAMBURGER (W,S,D,E,SS)	GRILLED TURKEY AND CHEESE (D,W,E,S)	CRISPY CHICKEN SANDWICH (D,E,TN,SS,S,W)	HOT DOG WITH CHILI (D,E,TN,SS,S,W)	GRILLED HAM AND CHEESE (D,E,W,S)
	GRILLED CHEESE (W,S,D)	GRILLED CHEESE (W,S,D)	GRILLED CHEESE (W,S,D)	GRILLED CHEESE (W,S,D)	GRILLED CHEESE (W,S,D)
	BLACK BEAN BURGERS (TN,W,S,D,E,SS) UPON REQUEST ONLY	BLACK BEAN BURGERS (TN,W,S,D,E,SS) UPON REQUEST ONLY	BLACK BEAN BURGERS (TN,W,S,D,E,SS) UPON REQUEST ONLY	BLACK BEAN BURGERS (TN,W,S,D,E,SS) UPON REQUEST ONLY	BLACK BEAN BURGERS (TN,W,S,D,E,SS) UPON REQUEST ONLY
	GLUTEN FREE BUN (E) UPON REQUEST ONLY	GLUTEN FREE BUN (E) UPON REQUEST ONLY	GLUTEN FREE BUN (E) UPON REQUEST ONLY	GLUTEN FREE BUN (E) UPON REQUEST ONLY	GLUTEN FREE BUN (E) UPON REQUEST ONLY
	KRINKLE KUT FRIES (S)	KRINKLE KUT FRIES (S)	KRINKLE KUT FRIES (S)	KRINKLE KUT FRIES (S)	KRINKLE KUT FRIES (S)
SELF SERVE DELI AVAILABLE ALL DAY					

